



M Aesthetics of Orange County Medical-Grade Skincare Products

	Best For:	Product:	Benefits:	Price	Features:	Awards:	Application:	Caution:
BEST SERUM FOR IMMEDIATE RESULTS								
	Best immediate wrinkle reducer serum:	<i>SkinMedica HA® Rejuvenating Hydrator</i>	"Photoshop in a bottle"- Immediately smooths fine line and wrinkles. Use on back of hands and even chest and shoulders for instant glow.	\$170	Delivers both immediate and long-term benefits. Provides IMMEDIATE hydration to improve skin texture and roughness. It absorbs quickly and can make skin look plump and hydrated. It's a key ingredient used in fillers, the dermal injectable used to reduce the appearance of wrinkles.		HA® is a "water-loving" substance, wet your fingertips prior to applying to skin. Apply as final step - after sunscreen and before makeup.	Avoid getting into eyes
EYE CREAMS								
	Best for Under Eye Wrinkles:	<i>SkinMedica TNS Eye Repair</i>	Great as an effective everyday eye cream and for ALL members to receive points	\$96	Improve smoothness and hydration around the eyes. Reduce appearance of fine lines and wrinkles	Instyle 2022 Best Beauty Buys. Winning Category: Anti Aging Eye Cream.	Comes in a jar. Apply with fingertips. Apply twice a day	Avoid upper eyelids
		<i>Revision D·E·J Eye Cream®</i>	Great for cooling under eye and touchless application. Remember to rinse applicator and shake off water after each use to minimize clogging.	\$103	For eyelid drooping, under-eye crepiness, fine lines in the crow's feet area and elasticity.		Comes in a pump with cooling metal applicator. Apply directly to under-eyes, crow's feet, and eyelid.	
	Best for Dark Circles and/or puffiness:	<i>SkinCeuticals A.G.E. Eye Complex</i>	Silky texture that feels extra hydrating.	\$95	Includes optical diffusers to diffuse light and IMMEDIATELY improve the radiance of tired dull-looking eyes. Improves the appearance of dark circles, puffiness, and crow's feet associated with advanced glycation end-products (A.G.E.), a major factor of the natural aging process.		Comes in jar. Apply with fingertips to under eyes and around the brow are twice a day	
		<i>SkinMedica Instant Bright</i>	Elegant formulation. Great for ALL members to receive points.	\$83	INSTANTLY improves eyes' appearance, including dark circles, sagging, puffiness, and lines. Works over time to continue reducing the visible signs of aging skin and fatigue.		Comes in a pump. Apply with fingertips twice daily to under eyes and eyelids	Avoid getting into eyes



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ANTIOXIDANTS								
	Best antioxidant for NORMAL skin:	<i>SkinCeuticals C E Ferulic</i>	A tried-and-true favorite. Has key antioxidants - Vitamin C and Vitamin E. Vitamin C and E are known antioxidants and have been used in skin care products for years.	\$155	In addition to antioxidant protective benefits, C E Ferulic improves signs of aging and photodamage, the appearance of lines and wrinkles, and the loss of firmness, while brightening skin's complexion. C E Ferulic is now proven to reduce combined oxidative damage generated by UVA/UVB rays, ozone pollution, and diesel engine exhaust by up to 41%.	Forbes 2022 Best Anti-Aging Serum For Dark Spots	Comes in glass bottle with dropper. In the morning apply 4-5 drops with fingertips to face, neck, and chest.	NOT FOR SENSITIVE SKIN - Vitamin E can be a skin irritant. NOT for those sensitive to smells. Has natural scent of vitamins. Use within 3 months of opening.
	Best antioxidant for HYPERPIGMENTATION: (For not overly sensitive skin)	<i>SkinCeuticals Phloretin CF</i>	Phloretin improves discoloration. Phloretin is extracted from the root bark of apple trees. It's packed with antioxidant benefits. Phloretin works to correct hyperpigmentation and diminish dullness.	\$155	In addition to antioxidant protective benefits, Phloretin CF improves the appearance of discoloration, fine lines, and uneven skin tone.	Marie Claire 2022 - 28 Best Anti-Aging Products	Come in glass bottle with dropper. In the morning apply 4-5 drops with fingertips to face, neck, chest, and back of hands.	(NOT FOR OVERLY SENSITIVE SKIN - L-ascorbic acid can irritate sensitive skin). NOT for those sensitive to smells. Has natural scent of vitamins. Use within 3 months of opening.
	Best antioxidant for hyperpigmented SENSITIVE skin:	<i>Revision C+ Correcting Complex 30%</i>	Great for sensitive skin types. Built to brighten and protect against pollution, the sun, and blue light.	\$155	It is the first and only Vitamin C product to contain Prebiotics to support a healthy microbiome.	Instyle 2022 Best Beauty Buys. Winning Category: Vitamin C/Antioxidant	Comes in a pump. Apply with fingertips twice a day	Avoid getting into eyes
	Best Antioxidant for BLUE LIGHT Protection with special formulation for day protection and night repair.	<i>SkinMedica LUMIVIVE. Duo System - Day and Night</i>	Great for skin clarity and radiance. Protects and repairs skin to restore stressed skin. ALL members receive points.	\$245	Defends all day long: Against pollution and blue light aggressors. Recharges skin overnight: Improves the skin's ability to actually repair itself at night.		Comes in 2 pumps. Apply one pump of LUMIVIVE® DAY and one pump of LUMIVIVE® NIGHT in the morning and evening, respectively.	Avoid getting into eyes



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MOISTURIZERS								
	Best Night Cream:	<i>SkinCeuticals Triple Lipid Restore 2:4:2</i>	Great for use with Retinols to counter any dryness and flaking. A rich beautifully scented cream.	\$125	packed with lipids like ceramides and fatty acids to restore skin's moisture.	Instyle 2022 Best Beauty Buys. Winning Category: Night Cream for Dry Skin	Comes in a jar. Apply twice a day with fingertips. Apply after retinol at night.	
SUNSCREEN								
	Best sunscreen for everyday use:	<i>EltaMD UV Clear Broad-Spectrum SPF 46</i>	A repeat award winner. The most non-irritating, absorbent, and low-maintenance facial sunscreen. Makeup goes well over it.	\$34	A broad-spectrum SPF essential to prevent fine lines, wrinkles and skin cancer.	Instyle 2022 Best Beauty Buys. Winning Category: Facial Sunscreen	Comes in a pump. Apply daily	
ANTI AGING SERUM - GROWTH FACTORS								
	Best anti aging stem cell serum for all skin types	<i>AnteAGE MD System</i>	All-in-one serum. With daily use, it improves the health and appearance of skin at any age.	\$265	The stem cell technology behind AnteAGE® MD is leading edge and published in multiple peer-reviewed medical journals		2 pump system. Apply morning and night.	
	Best anti aging stem cell serum (Not for sensitive skin)	<i>SkinMedica TNS® Advanced+ Serum</i>	For anyone looking to minimize the number of products in their routine. Great for ALL users to receive points	\$266	Clinically proven to address sagging skin. Results visible in just 2 weeks. Progressive results measured over 24 weeks. Contains some of the the highest quality growth factors on the market.		2 chamber pump. Apply with fingertips morning and night.	May be too irritating for sensitive skin types. Avoid getting into eyes.
CLEANSERS								
	Best Gentle Exfoliant:	<i>SkinMedica AHA BHA Exfoliating Cleanser</i>	Great at thoroughly cleansing and exfoliating skin. No drying.	\$45	Provides mild exfoliation to help reduce the appearance of wrinkles and enhance skin texture.		Comes in squeezable tube. Apply with fingertips and a little water. Rinse with warm water.	Sunburn Alert: because this product contains alpha-hydroxy acids (AHA), it may increase your skin's sensitivity to sunburn. Use a sunscreen and limit sun exposure while using this product and for a week following discontinuation.
	Best for normal, combination, and sensitive skin types:	<i>Revision Papaya Enzyme Cleanser</i>	Pleasant smell and good texture that lathers nicely. Cleanses without over drying.	\$36	The Papaya Fruit Extract contains Papain, an enzyme that gently exfoliates for naturally vibrant skin.		Comes in a bottle. Dispense nickel size amount.	May not be best for overly dry skin. Avoid eye area.
	Best over the counter cleanser	<i>CeraVe Hydrating Cream-to-Foam Cleanser</i>	Cleanses without stripping skin dry			Instyle 2022 Best Beauty Buys. Winning Category: Cleanser		



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Retinols								
	Best-medical grade retinol:	<i>SkinMedica Retinol Complex 0.25, 0.5 or 1.0 strength</i>	The most used and most studied anti-aging compound.	\$58-\$87 for 1 oz	A topical Vitamin A based serum that reduces fine lines and wrinkles by increasing the production of collagen, fades age spots, evens pigmentation, and speeds the turnover of superficial skin cells. Also stimulates the production of new blood vessels in the skin, which improves skin color. Takes three to six months of regular use before improvements in wrinkles are apparent—and the best results take six to 12 months.		Comes in a pump. Apply with fingertips at night.	Do not use if you are pregnant, lactating or planning to become pregnant. Begin twice a week 2-3 days apart, gradually increasing frequency to every other night, and then advancing to each evening or as tolerated. Wear a sunscreen during the day because retinoids increase the skin's sensitivity to sunlight. Avoid getting in eyes.
	Best-medical grade retinol for SENSITIVE Skin	Revision D·E·J Night Face Cream®	Excellent for skin types that are unable to tolerate higher concentration retinols	\$155 for 1.7oz	Utilizes a unique blend of Retinol and plant-based Bakuchiol to reveal new, younger-looking skin while you sleep. Visibly reduces fine lines and wrinkles. Visibly corrects overall photodamage and shields against further environmental damage. Promotes a healthy Microbiome with Prebiotic and Postbiotic Innovation.	2022 Prevention Healthy Skin Awards	Comes in a pump. Apply with fingertips at night.	Do not use if you are pregnant, lactating or planning to become pregnant. Wear a sunscreen during the day because retinoids increase the skin's sensitivity to sunlight. Avoid getting in eyes.